



WEDNESDAY

Are you starting to feel sore from the warm-ups? I'm sure Hannah is! Can anyone beat Chloe's burpee record?

Let us know on tonight's Zoom call!

Ice Breaker

'Let it be Known' is David's favourite song, Claire is great at doing the actions to 'Stand Strong' and Kesia absolutely loves the song 'Free'.
What is your favourite song so far?

Did you enjoy making and eating your magnifying glass, why not challenge your friends to see if they can catch Jonah in the whale with a blindfold on, and how about sending us a picture of your code wheel, we'd love to see them.





Jonah and the Whale

Jonah 1 - 4

Do you like getting messages or letters? What about quizzes and challenges? Some people like them and some people don't - we are all different. What people in your life do you trust? We all have different people that we trust - maybe our parents, our brothers and sisters, our grandparents, our friends, our teacher and we listen to their advice. It can be good to talk to people when we have a decision to make. God also loves to listen to us and to help us make good decisions. In the story of Jonah, God asked Jonah to go to Nineveh to tell the people all about him. Now Jonah was scared. He forgot that God always takes care of us, as we saw on Monday and that if you stand up for God he will be with you as we saw yesterday. Maybe if Jonah had been to the Escape Room Holiday Club he would have made better choices! Jonah thought he could run away from God. God had to send a big fish to save Jonah and it was when he was inside the fish that Jonah prayed to God and said sorry and that he would go to Nineveh. When he got "vomited" out of the fish (urgh!!!) and went to Nineveh to tell the people about God, they all listened and decided to follow God too. Maybe taking part in the Escape Room Holiday Club this week will help you get to know more about God, how much he loves you and that you would like to follow him too. Do come along to a zoom session and ask any questions or ask for help if you would like to know more.



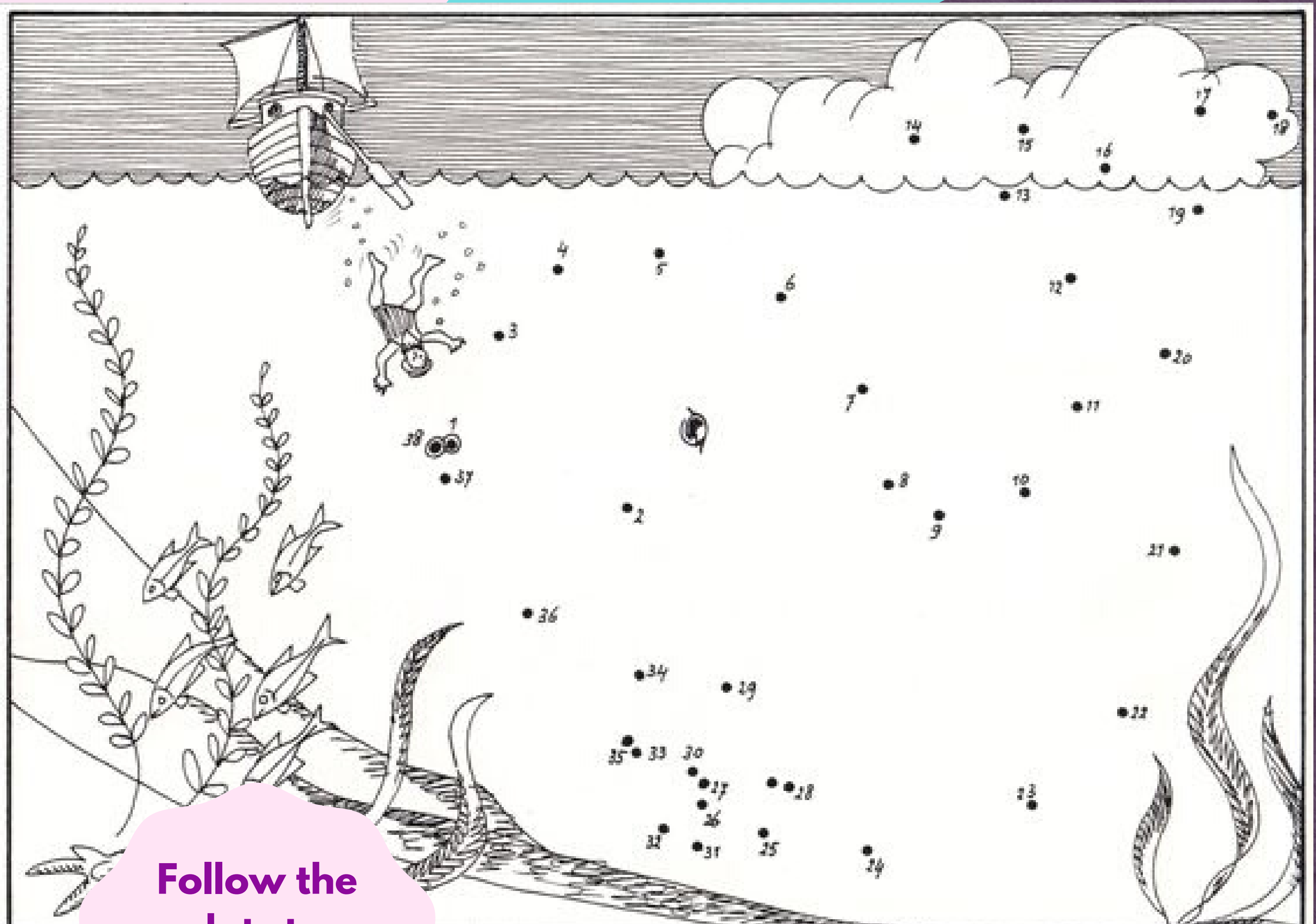


Jonah and the whale word search



- Jonah
- Ship
- Whale
- Believe
- Storm
- Swallow
- Sea
- Fish

F	K	V	W	B	I	W	A	T	F	M	S
J	I	M	A	E	H	R	J	Z	V	H	I
O	Q	S	G	L	A	O	B	A	I	O	P
A	Y	T	H	C	N	K	L	E	B	K	C
C	O	M	N	D	E	O	L	S	D	P	W
J	S	W	L	J	R	A	H	W	E	H	O
X	T	E	F	T	H	I	Q	N	A	I	L
D	O	B	V	W	P	A	B	M	S	G	L
U	R	J	O	U	S	H	N	E	R	Y	A
P	M	G	Y	I	H	S	P	O	X	T	W
K	E	V	E	I	L	E	B	A	J	K	S



Follow the dots to reveal what it is



Have a go at colouring in Jonah and the whale



If your child has just left primary school then you might like to know that at RBC we run Roots for children who are in Years 7, 8 & 9. They meet on Thursday evenings from 7.30pm - 9pm in the sidewalk. We will let you know when we will be meeting up again. If you want more info please check out our website: www.ruislipbaptistchurch.org

